

CADOGAN
CLINIC



Breast Implant Replacement Fact Sheet

Cadogan Clinic, London's Leading Cosmetic Surgery Specialists.

Breast Procedures at The Cadogan Clinic

The Cadogan Clinic has a unique heritage in cosmetic breast procedures.

We are distinctive in that can offer not only plastic surgeons who specialist in breast surgery and but also specialist breast surgeon, who have dedicated his career to teaching and performing reconstructive and cosmetic breast surgery.

As an internationally-renowned centre of cosmetic surgery excellence, we are fortunate to be the London base for several leading global surgeons in this field

What is Breast Implant Replacement?

Breast implant replacement surgery is breast surgery that involves removing old breast implants and replacing them with new implants.

This procedure may be done to correct complications or in combination with other procedures, most commonly a breast lift or mastopexy. Implants can also be replaced to change the size or shape of the breasts if your preferences change with time.

Common reasons for Breast Implant Replacement include:

- Cosmetic reasons, e.g. change size/shape, restore symmetry
- Complications, e.g. capsular contracture, rupture
- Replace old or aged implants
- Replace PIP Implants
- As part of combination surgery, e.g. breast lift

Who is Suitable?

Cadogan Clinic considers individuals fit for the procedure, if all of the following are true of them:

- You are unhappy with the size, shape or position of your implants
- Your implants are `bottoming out` (lateral displacement)
- Your implants have become hard to the touch and misshapen (capsular contracture)
- Your implants have started to move or rotate creating an uneven appearance
- Your implants have moved to create a gap between your breasts
- Your implants are made by PIP and you want them replaced
- You are having another procedure and want your implants updated at the same time

What to Expect

01 The consultation

The first step for all of our implant replacement patients is to meet with the surgeon we feel is best placed to perform your procedure for a consultation.

At the consultation you will be able to discuss with your surgeon what your hope to achieve from the procedure, as well as discuss in detail what may or may not be possible given your existing anatomy.

Your surgeon will take you through the options available to you, and which is the most preferential for you given your stated ambitions. Having established this, several key measurements will be made and standard clinical photography will be taken.

Some questions you might like to ask include:

- Am I a good candidate for this procedure?
- What will be expected of me to get the best results?
- What surgical technique is recommended for me?
- How long of a recovery period can I expect, and what kind of help will I need during my recovery?
- How can I expect my breast implant revision to look over time?
- What are my options if I am dissatisfied with the outcome?
- Do you have before-and-after photos I can look at for this procedure?

Finally a comprehensive discussion regarding risks and complications will take place, alongside a discussion regarding what to expect in the post procedure and recovery phase. Your previous medical history will also be recorded (including previous surgery, medications, allergies etc.) and an assessment of your fitness for surgery.

If your surgeon feels you are a good candidate for surgery, you are then invited to consider whether you would like to proceed for surgery or otherwise following a two week 'cooling off' period.

Within this period you are welcome to come in and discuss your potential surgery with your surgeon as many times as you like.

What to Expect

02 Pre-Procedure

If you choose to proceed with surgery, the next time you come into the Clinic after your final consultation will be the day of your procedure. Before admission the following behavioural changes are recommended/required:

- In the 6 weeks before your procedure we recommend smoking is discontinued as patients who smoke have a higher risk of healing more slowly and complications (see FAQs)
- In the week before your procedure you must cease taking Aspirin or any medication that contains Aspirin
- In the 6 hours prior to surgery you must not consume food or any drink, other than small sips of clear fluid (e.g. still water, black coffee, black tea) which are allowed up to 2 hours before admission

03 On the day

On the day of your procedure we ask that you arrive for your admission an hour before the agreed start time of surgery. At this point a nurse will come and record blood pressure and other relevant vitals, you will meet with your anaesthetist and your surgeon who will make the final mark-ups.

The procedure itself takes place under general anaesthetic over the course of one to two hours. Your surgeon will make an incision along your existing scar site, and remove and replace the implants via this aperture in the skin. Your surgeon may need to increase the size of the capsule and the incision site, if a larger or differently shaped implant is being used. Your surgeon will then re-suture along the same scar site once surgery is complete.

What to Expect

04 Post Procedure & Recovery

You should not feel much pain during the procedure, but you may have some for a few days or weeks afterwards. You'll be given painkillers if you need them.

Following the procedure, you will recover in our ambulatory recovery rooms for between two to three hours, dependent on the scale of the procedure.

Once our specialist nursing team are happy that your initial recovery is complete and you are safe to return home, you will be allowed to leave the Clinic accompanied by a friend or member of your family.

Once home you will have access to our dedicated on-call nursing team 24 hours a day, 7 days a week. This team of specialists are dedicated to your comfort and pain control, and are there to field any questions you may have in the immediate post operative phase.

We ask that you come in and see our nursing team 1 week after surgery to ensure your incision sites have been properly reviewed. At this juncture we also recommend you meet with one of our on site aestheticians to discuss ongoing treatment to support the healing and scarring process.

We ask that you come in to see your surgeon after 6 - 8 weeks for a final check up.

What are the Risks?

Breast Implant Replacement surgery is a safe procedure, but it is common after surgery to experience:

- Bruising and swelling
- Temporary numbness
- A small amount of scarring

As with all surgical procedures, Breast Implant Replacement surgery carries some risk and it is possible that you might experience:

- Nausea
- Bleeding or Infection
- Poor healing of incisions and scarring
- A collection of blood underneath the skin (haematoma)
- Death of fat tissue (fat necrosis) or embolism
- Capsular contracture
- Implant rupture
- ALCL

Your surgeon will discuss these risks comprehensively at your consultation and explain how likely these risks and complications are, and how they would be treated.

Why Come to Cadogan Clinic for Breast Implant Replacement?

- Cadogan Clinic is an award winning specialist cosmetic clinic, with a track record of delivering safe, high quality cosmetic surgery
- We were founded by Mr Bryan Mayou, the surgeon who first brought Liposuction to the UK, and he has trained the next generation of specialists at the Clinic
- Unlike many of our competitors, we use the latest anaesthetic technologies to minimise your downtime, and allow you to return home on the day of your procedure
- Our nursing team provide a dedicated 24/7 oncall service during recovery – whatever your question, we can provide the answer
- We offer a complimentary consultation and treatment with our onsite team of aestheticians to ensure you heal quickly and scar well

At a Glance



Surgery Time

1-2 hours



Time off work

1-2 weeks



Hospital stay

Day case



Shower

After 1 week



Reasonable Mobility

1 day



Exercise

After 6 weeks



Sexual Activity

After 4 weeks



Sleeping on back

1-2 weeks



Full Recovery

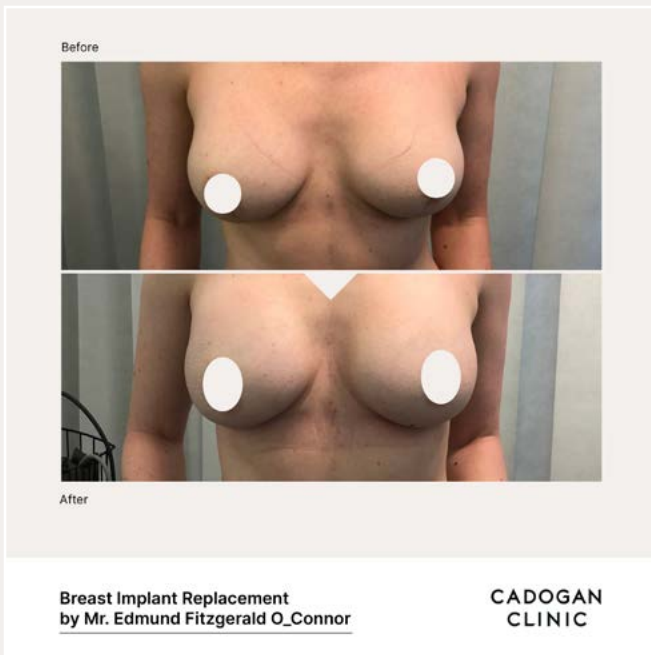
6-8 weeks



Driving

1-2 weeks

Before & Afters



Cadogan Clinic

Centre of Excellence

- The Care Quality Commission (CQC) rated the Clinic **Outstanding** for its collective leadership in their 2023 report.
- The CQC praised Cadogan Clinic's ethical practice for cosmetic surgery, compassion and kindness, respect for privacy and dignity, took account of their individual needs and emotional support to patients, families and carers. The CQC also highlighted Cadogan Clinic encouraged innovative, and evidence based safe practice.
- Cadogan Clinic was mentioned in the UK's most prestigious 2023 Tatler Cosmetic Surgery Guide. Eleven of Cadogan Clinic's consultants were featured in the guide, some of which have had honourable mentions for five consecutive years.

TATLER

“” Cadogan Clinic, already an impressive centre which sees even innovative procedures performed as day cases -it has always been at the forefront when it comes to the prevention of bruising and swelling.” 2023 Tatler Cosmetic Surgery Guide

- Cadogan Clinic is award winning, named Best Plastic Surgery Provider at the 2020 My Face My Body awards.
- Cadogan Clinic was the UK's first day-case only provider for cosmetic surgery.
- Cadogan Clinic treats over 28,000 patients per year.
- Over 98% of Cadogan Clinic's patients said that they were satisfied following their surgery, and over 95% of patients were satisfied with the post operative nursing care.
- Cadogan Clinic are leaders in innovation and research, constantly looking to provide procedures featuring the latest medical advances, such as stem cells and regenerative treatments, providing the best results and treatment options for patients.