

CADOGAN  
CLINIC



# Scar Removal Fact Sheet

Cadogan Clinic, London's Leading Cosmetic Surgery Specialists.

# Scar Removal at The Cadogan Clinic

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# What is Scar Removal?

**Scar Removal surgery, also commonly known as 'Scar Revision' surgery or 'Scar Reduction' surgery, is surgery to minimize a scar so that it becomes less conspicuous and blends in with the surrounding skin tone and texture.**

Scar Removal surgery improves the cosmetic appearance of the scar, and improves the associated self-confidence of those who feel self-conscious about the appearance of their scarring.

Scars are visible signs that remain after a wound has healed after trauma (e.g. due to burns, injury, Caesarean- section, surgery, self-harm, acne or chickenpox). Unfortunately, some scars heal better than others and once formed are hard to remove completely. In the case of large, visible scars they can be made less visible via Scar Removal surgery.

Scar Removal surgery, or Scar Revision surgery, is also an excellent option for the therapeutic (or medical) treatment of scars that are painful, itchy or restrict your movement.

# Why do People have it?

Whilst there are a number of non-surgical methods available to reduce scar visibility, surgical scar reduction is typically the most effective means for reducing particularly prominent, complex or unsightly scarring.

Alternative non-surgical treatments include; Dermal Fillers, IPL, Chemical Peels or Topical treatments e.g. creams, silicone gels.

Scar reduction treatments do not guarantee complete removal of the scar, but aim to make it less obvious. They can also help to reduce tightness caused by the scar tissue. The colour and type of your skin, your age and the type of scarring influence how much improvement you can expect.

Often a combination of treatments will be required to achieve the optimal outcome.

# Who is Suitable?

**Cadogan Clinic considers individuals fit for the procedure, if all of the following are true of them:**

- You are bothered by a scar anywhere on your body
- You are physically healthy
- You have a positive outlook and realistic goals for your scar reduction surgery
- You do not have active acne or other skin diseases in the area to be treated

# Why come to the Cadogan Clinic for your Scar Removal?

- Cadogan Clinic is an award winning specialist cosmetic clinic, with a track record of delivering safe, high quality cosmetic surgery
- We were founded by Mr Bryan Mayou, the surgeon who first brought Liposuction to the UK, and he has trained the next generation of specialists at the Clinic
- Unlike many of our competitors, we use the latest anaesthetic technologies to minimise your downtime, and allow you to return home on the day of your procedure
- Our nursing team provide a dedicated 24/7 oncall service during recovery – whatever your question, we can provide the answer
- We offer a complimentary consultation and treatment with our onsite team of aestheticians to ensure you heal quickly and scar well

# At a Glance



## **Surgery Time**

1 hour



## **Time off work**

None



## **Hospital stay**

Day case



## **Shower**

After 1 week



## **Reasonable Mobility**

Immediately



## **Exercise**

2-6 weeks



## **Full Recovery**

2 weeks



## **Driving**

1 week

# Cadogan Clinic

## Centre of Excellence

- The Care Quality Commission (CQC) rated the Clinic **Outstanding** for its collective leadership in their 2023 report.
- The CQC praised Cadogan Clinic's ethical practice for cosmetic surgery, compassion and kindness, respect for privacy and dignity, took account of their individual needs and emotional support to patients, families and carers. The CQC also highlighted Cadogan Clinic encouraged innovative, and evidence based safe practice.
- Cadogan Clinic was mentioned in the UK's most prestigious 2023 Tatler Cosmetic Surgery Guide. Eleven of Cadogan Clinic's consultants were featured in the guide, some of which have had honourable mentions for five consecutive years.

### TATLER

“” Cadogan Clinic, already an impressive centre which sees even innovative procedures performed as day cases -it has always been at the forefront when it comes to the prevention of bruising and swelling.” 2023 Tatler Cosmetic Surgery Guide

- Cadogan Clinic is award winning, named Best Plastic Surgery Provider at the 2020 My Face My Body awards.
- Cadogan Clinic was the UK's first day-case only provider for cosmetic surgery.
- Cadogan Clinic treats over 28,000 patients per year.
- Over 98% of Cadogan Clinic's patients said that they were satisfied following their surgery, and over 95% of patients were satisfied with the post operative nursing care.
- Cadogan Clinic are leaders in innovation and research, constantly looking to provide procedures featuring the latest medical advances, such as stem cells and regenerative treatments, providing the best results and treatment options for patients.