



Vaginal Tightening? (Vaginoplasty)

What Is Vaginal Tightening?

Vaginal Tightening, or vaginoplasty, is a reconstructive operation and rebuilds the pelvic floor in cases where women have experienced severe stretching of the vaginal tissue and muscles, as well as the perineal body at the entrance of the vagina, strengthening the muscles and reducing vaginal laxity.

Vaginal stretching can occur as a result of the natural process of ageing, or after childbirth where the vagina does not recover its appearance of its pre-pregnancy state. The levator group of muscles, situated on either side of your pelvis, are often stretched when your baby's head 'crowns' at the base of the vagina. Some women have a condition called benign hypermobility syndrome, which can result in the vaginal tissues becoming severely overstretched. Typical complaints include a lack of satisfaction with the appearance of the vagina and in some cases, decreased sensitivity in the area.

Vaginal tightening surgery can be combined with labial surgery and can be performed as a day case surgery.

Although many women are too embarrassed to raise the issue with a surgeon, the good news is that an effective, straightforward solution exists to correct this condition and can be treated discreetly.

Why do people have it

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Who is suitable

Cadogan Clinic considers individuals fit for the procedure, if all of the following are true of them:

- Physically and psychologically fit and healthy
- Bothered by the function of their vagina, perhaps following childbirth or due to the onset of age
- Have realistic expectations of what can be achieved by surgery

What are the risks

Complications are unlikely. That said, as with all surgery, some complications are possible, your surgeon will discuss each of these risks comprehensively at your consultation.

Why Come to Cadogan Clinic for Vaginal Tightening?

- Cadogan Clinic is an award winning specialist cosmetic clinic, with a track record of delivering safe, high quality cosmetic surgery
- We were founded by Mr Bryan Mayou, the surgeon who first brought Liposuction the UK, and he has trained the next generation of specialists at the Clinic
- Unlike many of our competitors, we use the latest anaesthetic technologies to minimise your downtime, and allow you to return home on the day of your procedure
- Our nursing team provide a dedicated 24/7 oncall service during recovery – whatever your question, we can provide the answer
- We offer a complimentary consultation and treatment with our onsite team of aestheticians to ensure you heal quickly and scar well

At a glance facts



SURGERY TIME

1 - 2 hours



HOSPITAL STAY

Day case



TIME OFF WORK

6 weeks



FULL RECOVERY

6 weeks

