



Chin Augmentation (Chin Implants)

What is Chin Augmentation?

Chin augmentation – or ‘chin implants’ – is an effective surgical procedure to enhance facial definition and build a more defined jawline and profile.

Chin implants are by far the most popular surgical solution to augment a receding chin. It is a quick, straightforward procedure that adds volume and structure to the jaw without changing the patient’s basic anatomy. Genioplasty is a more complex procedure, and more commonly employed in reconstructive cases in order to correct deformities of the chin region.

Why do people have it

Chin augmentation, or chin implants, can generate a range of desirable outcomes;

- Improve size, shape and position of chin
- Improve the projection of the chin
- Strengthen the jawline
- Enhance a naturally receding chin
- Restore the balance of facial proportions and features
- Restore facial symmetry

Who is suitable

Cadogan Clinic considers individuals fit for the procedure, if all of the following are true of them:

- You feel your chin is too small
- You feel the shape of your chin upsets the balance of your face
- Your chin is disproportionately receding in comparison to the rest of your face
- You feel your jawline lacks definition
- The appearance of your chin affects your confidence and self-esteem
- You want to improve the balance of your facial features.
- You're in good general health
- Have realistic expectations for chin implant surgery
- Have good jaw and teeth function
- Not have an overbite
- Have stopped smoking and drinking alcohol before surgery

What to expect



PHASE 1: CONSULTATION

The first step for all of our chin implant patients is to meet with the surgeon we feel is best placed to perform your procedure for a consultation. At the consultation, you will be able to discuss with your surgeon what you hope to achieve from the procedure, as well as discuss in detail what may or may not be possible given your existing anatomy.

Your surgeon will take you through the options available to you, and which is the most preferential for you given your stated ambitions. Having established this, several key measurements will be made and standard clinical photography will be taken.

Some questions you may want to ask your surgeon include:

- Am I a good candidate for this procedure?
- Can I achieve the results I am asking for?
- What will be expected of me to get the best results?
- Do you have before-and-after photos?
- How long of a recovery period can I expect, and what kind of help will I need during my recovery?
- What scars will I be left with?
- Will I be in pain after the surgery?
- How soon after chin implants can I return to work?
- Finally, a comprehensive discussion regarding risks and complications will take place, alongside a discussion regarding what to expect in the post-procedure and recovery phase. Your previous medical history will also be recorded (including previous surgery, medications, allergies etc.) and an assessment of your fitness for surgery.

If your surgeon feels you are a good candidate for surgery, you are then invited to consider whether you would like to proceed for surgery or otherwise following a two-week 'cooling-off' period.

Within this period you are welcome to come in and discuss your potential surgery with your surgeon as many times as you like.

What to expect



PHASE 2: PRE-PROCEDURE

If you choose to proceed with surgery, the next time you come into the Clinic after your final consultation will be the day of your procedure. Before admission the following behavioural changes are recommended / required:

- In the 6 weeks before your procedure, we recommend smoking is discontinued as patients who smoke have a higher risk of healing more slowly and complications (see FAQs)
- In the week before your procedure, you must cease taking Aspirin or any medication that contains Aspirin
- In the 6 hours prior to surgery, you must not consume food or any drink, other than small sips of clear fluid (e.g. still water, black coffee, black tea) which are allowed up to 2 hours before admission



PHASE 3: DAY OF THE PROCEDURE

On the day of your procedure, we ask that you arrive for your admission an hour before the agreed start time of surgery. At this point a nurse will come and record blood pressure and other relevant vitals, you will meet with your anaesthetist and your surgeon who will make the final mark-ups.

Chin implant surgery is very simple, typically takes no more than 45 minutes and is always occurring as a day case, meaning there is no need for an overnight stay in hospital. The surgery involves making an incision from within the mouth, or underneath the chin, through which the implant is inserted to achieve the desired cosmetic effect. The incision will then be secured with dissolvable stitches and a dressing applied to support the implant while your face heals and to reduce the risk of infection.

What to expect



PHASE 4: POST PROCEDURE & RECOVERY

You should not feel much pain during the procedure, but you may have some for a few days or weeks afterwards. You'll be given painkillers if you need them.

Following the procedure, you will recover in our ambulatory recovery rooms for between two to three hours, dependent on the scale of the procedure. Once our specialist nursing team are happy that your initial recovery is complete and you are safe to return home, you will be allowed to leave the Clinic accompanied by a friend or member of your family.

Once home you will have access to our dedicated on-call nursing team 24 hours a day, 7 days a week. This team of specialists are dedicated to your comfort and pain control, and are there to field any questions you may have in the immediate post-operative phase.

We ask that you come in and see our nursing team 1 week after surgery to ensure your incision sites have been properly reviewed. At this juncture, we also recommend you meet with one of our on-site aestheticians to discuss ongoing treatment to support the healing and scarring process.

We ask that you come in to see your surgeon after 6 - 8 weeks for a final check-up.

What are the risks

Chin augmentation is a safe procedure, but it is common after chin implants to experience:

- Bruising and swelling
- Temporary numbness
- A small amount of scarring

As with all surgical procedures, chin implant surgery carries some risk and it is possible that you might experience:

- Nausea
- Loss of sensation
- Bleeding or Infection
- Poor healing of incisions and scarring
- Seroma
- Implant displacement
- A collection of blood underneath the skin (haematoma)
- Death of fat tissue (fat necrosis) or embolism

Your surgeon will discuss these risks comprehensively at your consultation and explain how likely these risks and complications are, and how they would be treated.

Why Come to Cadogan Clinic for a Chin Augmentation?

- Cadogan Clinic is an award winning specialist cosmetic clinic, with a track record of delivering safe, high quality cosmetic surgery
- We were founded by Mr Bryan Mayou, the surgeon who first brought Liposuction the UK, and he has trained the next generation of specialists at the Clinic
- Unlike many of our competitors, we use the latest anaesthetic technologies to minimise your downtime, and allow you to return home on the day of your procedure
- Our nursing team provide a dedicated 24/7 oncall service during recovery – whatever your question, we can provide the answer
- We offer a complimentary consultation and treatment with our onsite team of aestheticians to ensure you heal quickly and scar well

At a glance facts



SURGERY TIME

1- 1.5 hour



HOSPITAL STAY

Day case



TIME OFF WORK

1 week



FULL RECOVERY

4 weeks

