

CADOGAN CLINIC

**Dermatology
& Skin Cancer
Clinic during the
COVID-19 Crisis**





The Cadogan Clinic will offer remote consultations and guidance for all medical dermatology concerns throughout the COVID-19 crisis, and will be keeping the Clinic open for time-critical medical dermatology concerns and skin cancer removal services.

We will ensure all practices adhere to the latest guidelines from NHS England and the British Association of Dermatologists (BAD)

Service Outline

Consultations for general medical dermatology concerns will take place remotely, with face-to-face appointments in-clinic reserved for 'time critical' mole and skin cancer concerns.

Should surgery be indicated at the face-to-face consultation, this will take place immediately on-site, during the same visit, under the care of one of our specialist plastic surgeons.

All protocols have been designed in accordance with the latest BAD '**Avoid, Restrict, Abbreviate**' Guidelines [as per *Clinical Guidance For Management of Skin Cancer Patients During the Coronavirus Pandemic*, released 24.03.2020].

How it will work

To deliver the service we will employ the services of our existing team of consultant dermatologists and specialist plastic surgeons.

All services will take place either remotely or at our CQC-registered hospital on Sloane Street.

On site consultations will take place in one of our eight consultation rooms and all mole/skin cancer removals taking place in one of our three on-site purpose-built theatres.

The triage will follow BAD guidelines and employ the '**Avoid, Restrict, Abbreviate**' approach:

- Patients will be referred as normal by GPs, insurance companies or local NHS Trusts to our administrative team, or they will self-refer as private patients
- For general medical dermatology consults our team will book a **remote consultation** with one of our dermatology consultants; expected wait time < same day
- For a suspected skin cancer case, our team will book an **in-clinic consultation** with one of our dermatology consultants; expected wait time < 3 days

How it will work

- If surgery is indicated at consultation, surgery will take place immediately, during the same visit, under the care of our on-site team of plastic surgeons
- Lesions considered for escalation to surgery will include;
 - All highly symptomatic Basal Cell Cancers and those with potential for significant rapid growth
 - All rapidly enlarging Squamous Cell Cancers, poorly differentiated tumours, perineural tumours, ulcerated and symptomatic lesions, lesions in patient with significant risk
 - All melanomas that are not *in situ*
 - Any other lesion considered as potentially at a 'time critical' stage in its development
 - For full guidance see BAD recommendations [here](#)
- Follow ups will be handled remotely wherever possible in order to restrict in-person interaction with the patient
- All interactions will be abbreviated to ensure the minimum level of contact per patient is required
- Please note that all major insurance companies will now cover the cost of remote consultations, and these can be handled via a range of technologies ranging from Whatsapp and Skype to Doxy
- For older patients unfamiliar with such technology, we can host a 'low contact' consultation at the Clinic where our nursing team will set them up to speak with their consultant via our computer system

Our Dermatologists



Dr Susan
Mayou

Dr. Mayou is a Consultant Dermatologist specialising in mole monitoring, skin cancer, acne and eczema, with a special interest in paediatric and cosmetic dermatology. She ran the Paediatric Dermatology clinic at the Chelsea and Westminster and at Queen Mary's Roehampton. She is a co-founder and trustee of the British Association of Dermatology's British Dermatology Group and an Honorary Lecturer at Imperial College London.



Dr Nisith
Sheth

Dr Sheth is a Consultant Dermatologist and Dermatological Surgeon with specialist interests in mole and skin cancer surgery. Dr Sheth's NHS practice is St John's Institute of Dermatology within Guy's & St Thomas' NHS Foundation Trust and treasurer of the British Association of Dermatology's Cosmetic Dermatology Group. Dr. Sheth also has expertise in general and cosmetic dermatology.

Our Dermatologists



Dr Anjali
Mahto

Dr Mahto is a Consultant Dermatologist that has a special interest in acne and scarring, rosacea, moles, and anti-ageing therapies including injectable and laser treatments. She is also a spokesperson for the British Skin Foundation and a member of the British Association of Dermatology's Cosmetic Dermatology Group.



Dr Alexis
Granite

Dr Granite is a Consultant Dermatologist with expertise in general and cosmetic dermatology. She has a special interest in skin cancer detection, skin allergy testing, psoriasis, eczema and women's dermatology including hormone related skin conditions such as acne, hair loss and pregnancy.



Dr Catherine
Borysiewicz

Dr Borysiewicz is a Consultant Dermatologist at Imperial College Healthcare NHS trust and is the Lead for the Skin Cancer service there. Her main areas of clinical interest include skin cancer, in particular skin surveillance strategies and the early detection of skin cancer, and also the management of complex cancer and melanoma.



Dr Tamara
Griffiths

Dr Griffiths is a senior Consultant at one of the largest UK Dermatology Centres at Salford Royal NHS Foundation Trust, where she manages paediatric and adult patients with acute and chronic conditions involving the skin, hair and nails.



Dr John
Ferguson

Dr Ferguson works as a Consultant Dermatologist at The St John's Institute of Dermatology at Guy's and St Thomas' Hospital. He runs a general clinic and specialist clinics in vitiligo, photodermatology and phototherapy.

Our Plastic Surgeons



Mr William
van Niekerk

Mr Van Niekerk is a Consultant Aesthetic Plastic, Reconstructive and Burn Surgeon, and an expert in cosmetic, reconstructive, microsurgery, and major trauma surgery. He served as officer in the Royal Air Force for 14 years, responsible for treating all British service personnel.



Mr Hazim
Sadideen

Mr. Hazim Sadideen is a Consultant Plastic and Reconstructive Surgeon with a substantive NHS post at Hereford where he specialises in complex skin cancer surgery. He also is an honorary clinical senior lecturer at Imperial College London (Department of Surgery and Cancer)



Mr Nick
Parkhouse

Mr Parkhouse is a Cosmetic and Aesthetic Plastic Surgeon with a special interest in the treatment of scarring disfigurement and skin cancers. Nick has been a Consultant Plastic Surgeon since 1991. He has held NHS Consultant posts at both the Queen Victoria Hospital, East Grinstead and at Mount Vernon.



Mr Theo
Nanidis

Mr Nanidis is a Consultant Plastic and Reconstructive Surgeon with an NHS and private practice at The Royal Marsden. He graduated with distinctions from University College London Medical School in 2003 and completed his general surgical and higher plastic surgery training in London.

Our Clinic

The Cadogan Clinic is an award-winning private hospital based in the heart of Chelsea, with a specialism in all areas of dermatology and skin cancer.

We've handpicked a team of top dermatologists and plastic surgeons, all experts in their field, to provide a full range of medical skin treatments at our clinic on Sloane Street. We treat over 15,000 skin patients a year.

We have relationships with all major insurance companies.

Our Expertise

General Dermatology

- Acne
- Dermatitis
- Eczema
- Psoriasis
- Rosacea

Moles & Skin Cancer

- Cryotherapy
- Mole Check
- Mole Removal
- Mohs
- Skin Cancer & Melanomas

Minor Plastic Surgery

- Burns
- Mole removal
- Lesion Removal
- Scar Revision
- Skin tags, lumps, bumps

How to refer a patient

To refer a patient please call us on **0207 901 8500** at any time, 24 hours day/7 days week, or alternatively email gp@cadoganclinic.com

If you have any general queries about our services please contact us at operator@cadoganclinic.com, call us on **0207 901 8500** to speak to our GP Liaison Team, or visit us at cadoganclinic.com/for-gps

One of our team would be delighted to assist.

Getting here



The Cadogan Clinic
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cadoganclinic.com

