

# CADOGAN CLINIC

---

**Skin treatments**



---

# Welcome to the Cadogan Clinic

---

A private hospital in the heart of Chelsea.

- 2 About us
- 3 Skin treatments
- 4 Aesthetic treatments
- 6 Body treatments
- 7 Dermatology
- 8 Mole check
- 10 Our team
- 12 Looking for a change?

## About us

We are a private hospital offering the latest cosmetic surgery, dermatology and non-surgical treatments.

We were founded in 2008 by Mr. Bryan Mayou, a pioneering plastic surgeon best known for introducing liposuction to the UK. He now leads our team of hand-picked consultants, who are respected around the world. Their combined skills and our advanced technologies mean that we are able to offer you tailor made treatments you won't find in any other clinic.

We have a dedicated aesthetics suite facilitating everything from lip enhancements to non-surgical facelifts, as well as the very latest in laser treatments.



The Cadogan Clinic is situated on Sloane Street, in the heart of Chelsea.

## Our skin treatments

Our skin has a huge impact on the way we feel. Blemishes and spots can damage our confidence. Frown lines can age us. Whether you would like to make a big change or achieve something a little more subtle and natural, we'll help you feel comfortable in your own skin.

We offer non-surgical aesthetic options, such as anti-ageing injections, laser treatments for tattoo and hair removal. We also offer a range of dermatology to treatments for conditions such as acne, psoriasis and eczema.

Whatever change you want to see, we can find the right combination of treatments for you.

## Aesthetic treatments for skin that looks younger and fresher

### Complimentary skin analysis

Our advanced VISIA digital imaging system is used to examine your skin in detail, analysing everything from wrinkles and blemishes to scarring and sun damage. This gives us a starting point from which we can then best recommend the treatments and products that are most suited to your skin's concern. Speak to our team and book your free skin analysis today.

### Anti-wrinkle injections from £295

These injectables are the most popular anti-ageing treatments in the UK. They relax your facial muscles, soften wrinkles around the brows, eyes and forehead and can even work well to stop excessive perspiration anywhere on the body.

### Dermal fillers: Juvederm, Restylane and Sculptra from £425

Over time the natural collagen in our skin disappears, and we can lose volume and contour. Dermal fillers can be injected into the face to add volume, plump wrinkles and lift jowls, recreating the softness and shape of a younger skin.

### Ultherapy from £3500

Unlike dermal fillers, this non-surgical treatment uses ultrasound to boost collagen in the face and body, tightening and toning loose skin over the jowls and neck and around the chin and chest. This treatment can also be used effectively around the eyes.

### Youthful Skin package £2,200

2 prescriptive peels, 3 IPL treatments, 1 dermal filler and 2 anti-ageing injectables.

Also, we can simply refresh tired, overworked skin with illuminating peels, infrared light treatments and microdermabrasion.

### Anti-ageing and skin rejuvenation all from £150

Depending on what your skin's requirements are, we will discuss and prescribe a bespoke treatment plan for you. It could include a combination of:

#### *Prescriptive peels*

Tailored to your skin type, these gently exfoliate and stimulate new skin cell growth – rejuvenating and helping to combat pigmentation.

#### *Dermapen*

Multiple micro needles penetrate the skin, boosting collagen production – making skin feel firmer and younger. This treatment will also help to soften scarring and help fade pigmentation.

#### *IPL*

These broad spectrum light pulses boost collagen and elastin production, improving firmness and texture – particularly in sun-damaged skin. IPL can also help with pigmentation, redness, fine lines and wrinkles.

#### *Clearlift*

This laser treats fine lines, open pores and redness. It's gentle enough for even the most delicate of areas and skin types – common areas treated include: the eyes, neck, mouth and chest

#### *Laser resurfacing*

Microscopic perforations encourage skin to regenerate. They help clear age spots and wrinkles, minimize pores and scars, leaving you with soft, flawless skin.

## Body treatments for confidence from head to toe

### Accent radio frequency from £200

A course of this revolutionary body contouring treatment can improve the appearance of fatty areas by encouraging collagen production to smooth and tighten skin, enhancing the contours of both face and body.

### Lymphatic drainage from £200

This gentle but extremely effective massage helps to eliminate toxins, improving circulation and reducing the appearance of cellulite. We particularly recommend it before and after liposuction.

### SculpSure fat reduction from £200

State-of-the-art, FDA-approved light-based technology, ideal for patients looking to get rid of stubborn fat that neither a healthy diet nor exercise can change. It works by heating up and destroying fat cells in targeted areas – this is known as lipolysis.

To see the biggest difference in your skin, combine these treatments with exercise and a healthy diet.

### Varicose and thread vein removal from £150

Our non-invasive laser treatments can address veins on the legs, face, neck and hands. Laser IPL treatment fades red spots and boosts new collagen, while Dual Yellow Laser closes and eradicates thread spider veins. Sclerotherapy is the best option for varicose veins: the surgeon will inject the vein with medical foam so that blood is redirected to healthier veins, leaving the varicose vein to fade away.

### Laser hair removal from £80

Suitable for both men and women, this is a long-term solution for unwanted or excess hair. It can also help relieve conditions such as folliculitis and Polycystic Ovary Syndrome (PCOS). We always begin with a patch test, and recommend a course of 6-8 treatments for the very best results.

### Tattoo removal from £200

We use one of the most advanced types of laser for tattoo removal. The laser emits pulses of light to break up the tattoo pigment – your body will then dissolve the pigment naturally, gradually and safely. This treatment works on all types of tattoos, including cosmetic and medicinal.

## Dermatology for skin that looks clear and blemish free

Acne and anti-blemish  
treatments  
from £150

If you suffer from acne, our bespoke acne treatments can help you manage bacteria levels and excess oil which are both common culprits.

Pigmentation and  
rosacea treatments  
from £150

Dermapen treatments can help to reduce the appearance of scarring and to help with pigmentation issues, our peels and laser treatments can improve both tone and texture for a clear, even skin.

Clear Skin package  
£1,599

For acne treatment, this package includes 1 skin analysis, 3 prescriptive peels, 2 laser treatments and 3 Dermapen treatments.

## Mole check for healthy skin and peace of mind

Moles are very often harmless. But they can be irritating and can catch on clothing and jewellery alike. Occasionally, they can be a sign of skin cancer. Whatever the case, we offer different treatment options:

Mole check &  
mole mapping

Mole Check at the Cadogan Clinic is London's most comprehensive centre for the diagnosis and treatment of skin cancer. Our consultant dermatologists will check your moles for any issues, and will give you results and advice within 24 hours. Each patient leaves with a comprehensive, computer controlled Mole Map of their body. We are the only clinic in the UK to offer this service.

Mole removal

If you require a mole to be removed, we may use cryotherapy: a treatment that freezes small skin cancers, as well as warts and other benign lesions. Mole shaving techniques and excisions are our most popular method of removal and in some cases, we may suggest Mohs surgery which is an extremely specialized approach whereby the cancer is removed layer by layer, allowing us minimise disturbance to your surrounding healthy tissue.

Photodynamic  
therapy

This non-surgical light therapy is the best option for some skin cancers, and leaves tissues around the cancer unharmed.



Cadogan Clinic is the only mole check in the UK approved by the British Skin Foundation.

## Our team

We're the only clinic in the UK in a position to hand-pick some of the country's most outstanding consultants. All our Consultants are registered with the General Medical Council (GMC) and listed on their own specialist registers.

Dr Alexis Granite  
Dermatologist

The only American Board Certified Consultant Dermatologist in the UK. She has particular expertise in women's dermatology, including hormone-related conditions such as acne and hair loss. Dr Granite is the UK Consulting Dermatologist for Kiehls.

Dr Anjali Mahto  
Dermatologist

A Consultant Dermatologist, her specialist interests include paediatric dermatology, acne, eczema, psoriasis, skin cancer and cosmetic dermatology. She's also a spokesperson for the British Skin Foundation.

Dr Susan Mayou  
Dermatologist

A Consultant Dermatologist with a special interest in paediatric and cosmetic dermatology. She's co-founder of the British Cosmetic Dermatology Group, a Member of the British Association of Dermatology, and a Trustee of the British Skin Foundation.

Dr Niseth Sheth  
Dermatologist  
and Surgeon

A Consultant Dermatologist and Dermatological Surgeon at the St John's Institute of Dermatology, one of the leading centres for patients with skin problems. He has a particular focus on micrographic surgery – which examines skin cancer – as well laser treatment of skin and photodynamic therapy.

Ms Maryam Zamani  
Ophthalmologist and  
Oculoplastic Surgeon

An American Board Certified Ophthalmologist, with a particular expertise in oculoplastic surgery: the medical and surgical treatment of the eye, eyelid and surrounding areas. She has completed oculoplastic fellowships at Imperial College NHS Trust and Chelsea Westminster NHS Trust.

*Clockwise from right*

Dr Alexis Granite  
Dr Anjali Mahto  
Dr Susan Mayou  
Dr Niseth Sheth  
Ms Maryam Zamani



---

## Contact Us

---

The Cadogan Clinic  
120 Sloane Street  
London SW1X 9BW

+44 (0)207 901 8500  
info@cadoganclinic.com  
cadoganclinic.com

---

## Need a boost?

Follow up on your treatment: freshen and revive your skin, in less than 15 minutes, with:

LED light treatment  
£60

Stimulates cell renewal, kills bacteria and rejuvenates the skin.

Light refresh peel  
£80

Enzyme peel that brightens and refreshes the skin.

Crystal Fibre Mask  
£20

Collagen boosting firming mask.

---

[cadoganclinic.com](https://cadoganclinic.com)

We're a private hospital in the heart of Chelsea, with a team of specialists dedicated to providing world-leading private healthcare.